# Future of Time

A global study fielded by Adobe Document Cloud





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Companies of all sizes have dramatically altered how they work—from going fully remote during the pandemic to implementing a new hybrid approach. Small and medium businesses (SMBs) had to quickly digitize operations.

63%

Percent of high-growth companies that have already adopted a "productivity anywhere" workforce model

→ April 2021 Accenture Future of Work study

\$656B

Estimated spending on Future of Work technologies

→ June 2021 IDC Worldwide Future of Work Spending Guide

60%

Percent of global SMBs that have made at least one change to the way they do business since the start of the pandemic

→ April 2021 FB Global State of Small-Business study

# Future of Time

Adobe Document Cloud conducted a study to understand the **choices people make when managing their time**—speaking directly with those at the forefront of how work is changing.

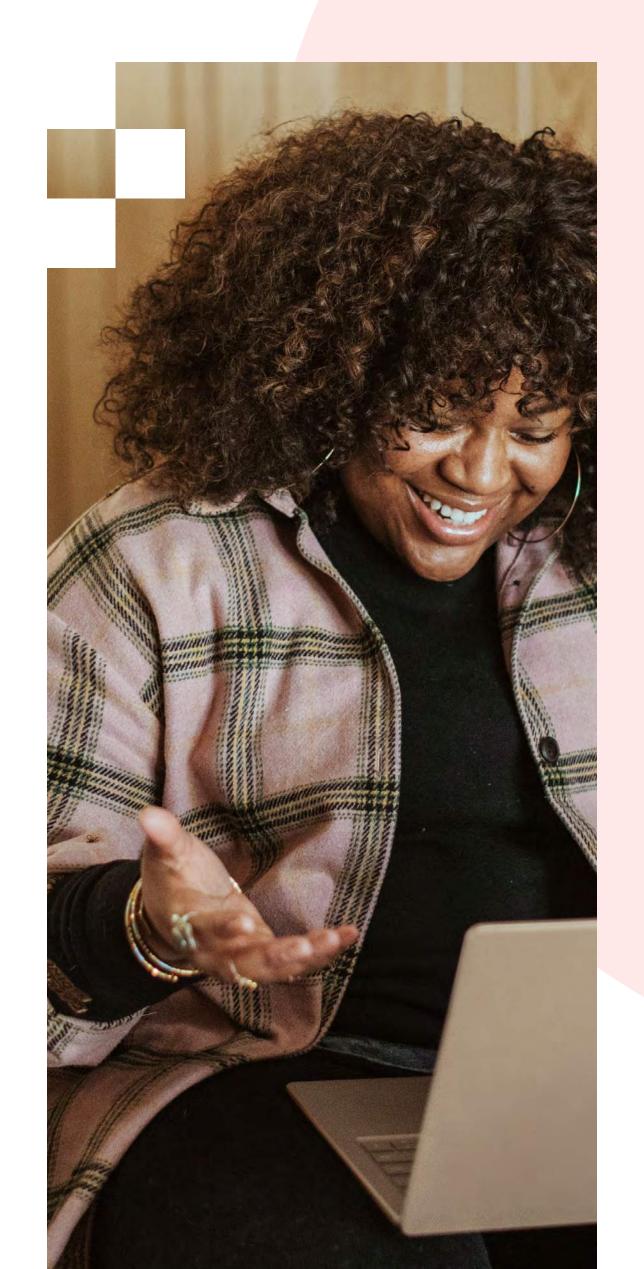


#### **Enterprise workers**

(at companies with 1,000+ employees)



Small and medium business (SMB) leaders



#### Key areas of exploration

- → Is feeling "stretched for time," or that there's not enough time to get work done, an increasing global phenomenon?
- → How will the changing valuation of time impact society and business?
- → What is causing these time pressures, and what can be done to achieve a more enjoyable, human-centric future of time?

#### Survey methodology

Adobe Document Cloud conducted a 20-minute survey among enterprise workers and small and medium business leaders in seven global markets, fielded April 30–May 28, 2021.

#### **Audiences**

**Enterprise workers** 

(n=400–500 per market)

SMB leaders

(n=300 per market)

#### **Audience definitions**

Those employed at enterprise-size companies (1,000+ employees).

Those employed at SMBs.

- Micro businesses (1–9 employees)
- → Small businesses (10-99 employees)
- Medium businesses (100–999 employees)

#### Markets —

US, UK, France, Germany, Australia, New Zealand, and Japan

#### Sample size -

N=5,500

(n=800 in the US, UK, FR, DE, JP and AU; n=700 in NZ)

#### Method —

20-minute online survey

Fielded May 2021 (4/30-5/28)

## Executive sumary



# Pandemic puts personal time at a premium.

Across small, medium, and enterprise-sized businesses, COVID-19 changed how we think about time—from putting in longer hours to feeling pressure to be "always on"—as work and home life blend together. Today, time is at a greater premium than ever.

- One in two enterprise workers and SMB leaders work longer hours than they would like—and among them, nearly half say they work more now than they did before COVID-19.
- → Instead of the traditional 9-to-5, the average workweek has crept up to 45 hours.
- → Nearly half of enterprise workers and 3 in 5 SMB leaders feel pressured to be reachable around the clock—even more so among Gen Z workers.
- SMB leaders are dealing with the additional pressure of trying to keep their businesses afloat, and those at minority-owned, women-owned, or essential SMBs feel this most acutely.
- Two out of three SMB leaders say that now more than ever, every minute counts for their business, and the majority of both audiences admit that they feel constantly stretched for time at work.

# Time pressures exacerbate employee burnout.

Employees hold their company responsible for these pressures, and they are willing to switch jobs for better work-life balance and control over their schedules. Employers need to address these challenges or risk losing top talent.

- Three in five enterprise workers who work longer hours than they would like blame their company—its work culture, administrative processes or tasks, and growth strategy.
- Employees crave more flexibility in their schedule, and younger generations feel especially pressured to be working during "office hours," even when it's not when they feel the most productive.
- More than a third of the workforce—and half of Gen Z workers—plan to switch jobs in the next year, especially employees struggling with time and productivity pressures.
- At least half of enterprise workers would switch jobs for more work-life balance, to be more in control of their schedules, or to be able to work remotely—especially Gen Z and millennial workers.
- SMB leaders are also feeling the impact— 1 out of 3 have struggled with employee burnout or attrition this past year, and 2 in 3 have made changes to better retain and recruit employees.

# Calling for technology to get their personal lives back.

Most enterprise workers and SMB leaders spend too much time on tasks that get in the way of doing their jobs effectively, and they are hungry for technology to unlock new choices for how they use their time to work, learn, and play.

- → A third of the workweek is currently being spent on unimportant tasks.
- Nine out of 10 employees and SMBs are interested in tools to help them tackle the tasks that get in the way of doing their jobs more efficiently including managing files, forms, contracts, payments, and invoices.
- One in two enterprise workers would switch jobs if it gave them access to better tools that made them more effective at work.
- → If they had more time for work, enterprise workers would pursue passions and personal growth (53%), while SMB leaders would focus on business growth (57%).
- Outside of work, 2 out of 3 employees and 1 out of 2 SMB leaders would spend extra time on themselves—their hobbies and health—followed by family and social time.

# Detailed findings



DETAILED FINDINGS 10

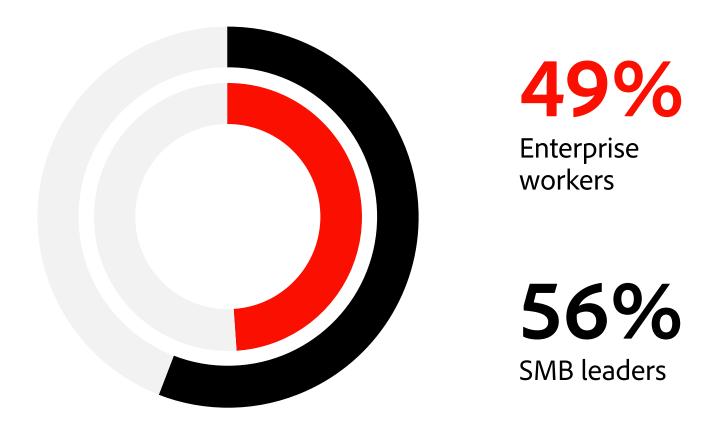


Pandemic puts personal time at a premium.

#### Since the start of the pandemic, long work weeks have become even more embedded in business culture.

#### "I work longer hours than I would like."

% agree (T2B)



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	UK	AU	INZ	FK	DE	JP
45%	51%	56%	51%	47%	51%	44%
52%	63%	62%	58%	60%	58%	41%

Of those who work longer hours than they would like,

56%

workers

65% of Enterprise of SMB leaders

say they now work more than before COVID-19

So much for "9-5."

Today, people average

44.9

**45.1** 

Enterprise workers

**SMB** leaders

#### hour workweeks

**Especially in Japan** and Germany...

**48.6 Enterprise workers** 46.2 SMB leaders

**45.5 Enterprise workers** 46.5 SMB leaders

**Q8:** This next question is about your own personal experience working. How much do you agree or disagree with each of the following statements?

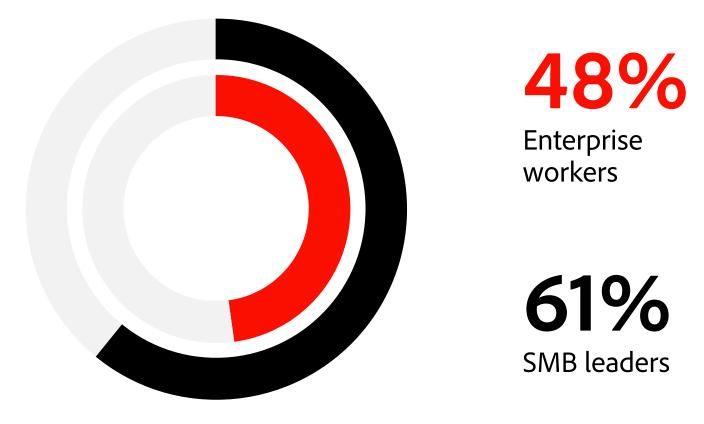
Q1. On an average weekday, approximately how many hours do you spend doing each of the following activities?

Q2. On an average weekend day, approximately how many hours do you spend doing each of the following activities? N=3,404 Global ENT, N=2,102 Global SMB, N=1,676 ENT working longer hours, N=1,183 SMB working longer hours

#### Pressure to be "always on" as work and home life blend together has significantly eroded mental health.

"I feel pressure to be reachable at all times of the day, even early morning or evening."

% agree (T2B)

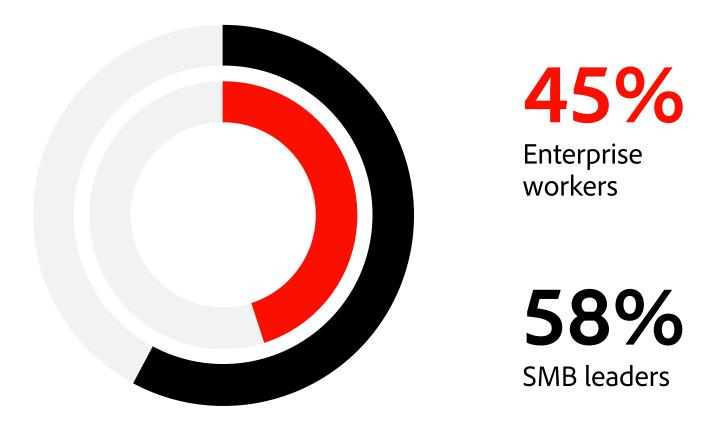




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44%	47%	52%	48%	45%	42%	56%	
58%	67%	65%	60%	75%	54%	49%	

"It is difficult to set work and personal life boundaries."

% agree (T2B)





	US	UK	AU	NΖ	FR	DE	JP
	41%	49%	53%	48%	44%	34%	44%
2	46%	64%	60%	61%	65%	51%	55%

#### Many SMBs have experienced decreasing revenues this past year, adding another layer of pressure to leaders trying to keep their business afloat.



41%

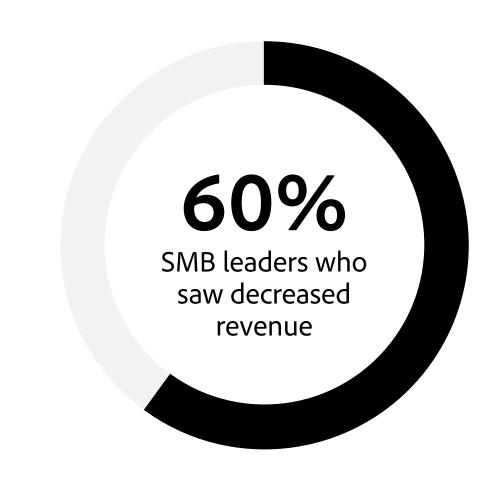
of SMB leaders report seeing **decreased revenues** in the past year

#### Especially

- → SMBs in the food & beverage, hospitality, or retail industries (52%)
- → Microbusinesses (50%)
- → SMBs who provide goods, not services (46%)
- → SMBs with brick-and-mortar locations (40%)

"Trying to keep my business afloat has brought a lot of stress into my personal life."

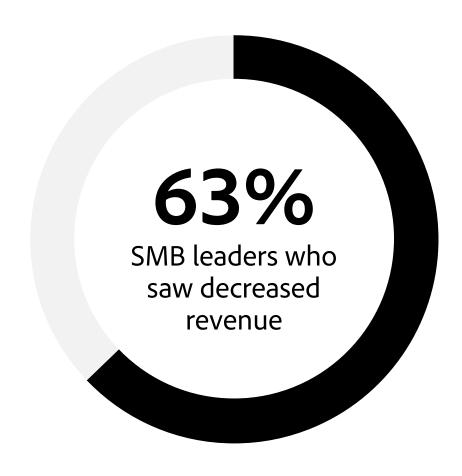
% agree (T2B)



Among SMB leaders seeing decreased revenue

"I am willing to work around the clock if it means keeping my business afloat."

% agree (T2B)



Among SMB leaders seeing decreased revenue





Working from home is 'flexible' but it means no blocked hours for work.

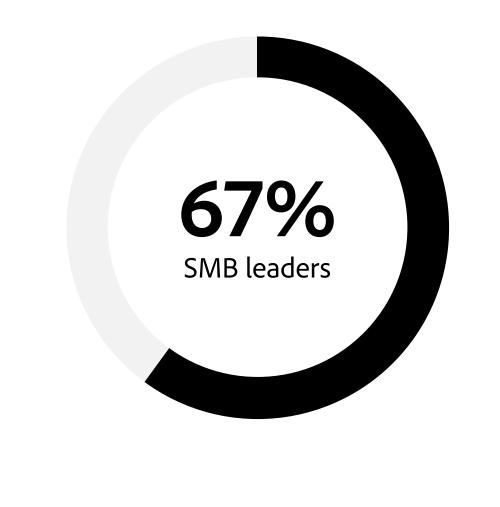
As a mum, I do hundreds of small blocks of work instead of protected regular office hours. This goes into evenings and weekends, too.

I feel like my work hour never ends, but customers really appreciate quick responses, even on weekends."

#### These stresses have put time at a greater premium than ever before—making people feel constantly stretched for time at work.

"Now, more than ever, every minute counts for my business."

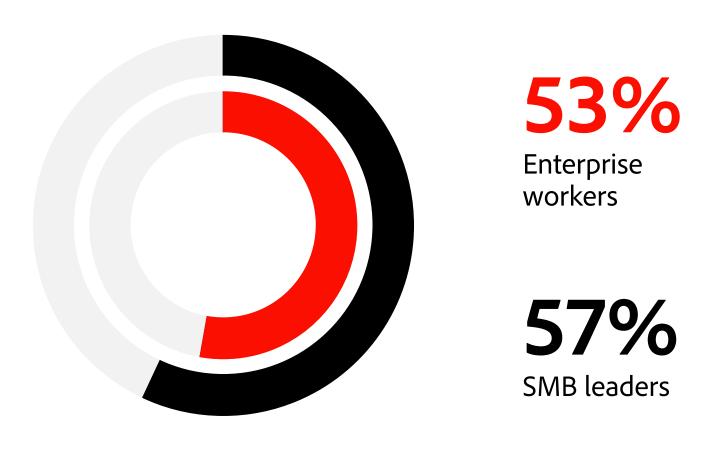
% agree (T2B)





US	UK	AU	NZ	FR	DE	JP
67%	68%	72%	74%	68%	53%	66%

"I constantly feel stretched for time at work." % agree (T2B)

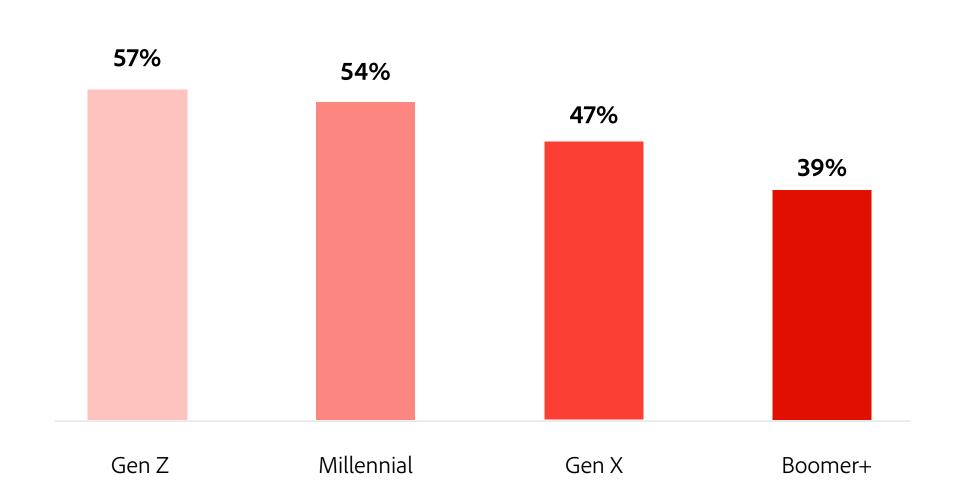


	45%	57%	61%	61%	52%	47%	46%
2	53%	60%	63%	63%	68%	52%	40%

#### Younger generations of enterprise workers and minority-owned, womenowned, and essential SMB leaders struggle most with these pressures.

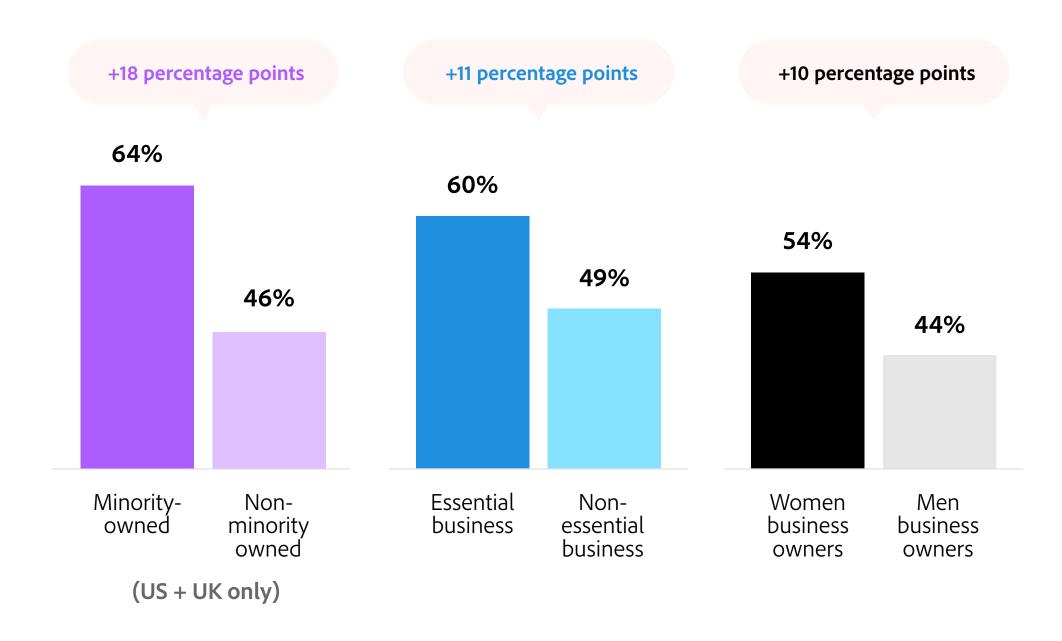
"I feel pressure to be reachable at all times of the day, even early morning or evening."

% agree (T2B) among enterprise workers



"Trying to keep my business afloat has brought a lot of stress into my personal life."

% agree (T2B) among SMB leaders





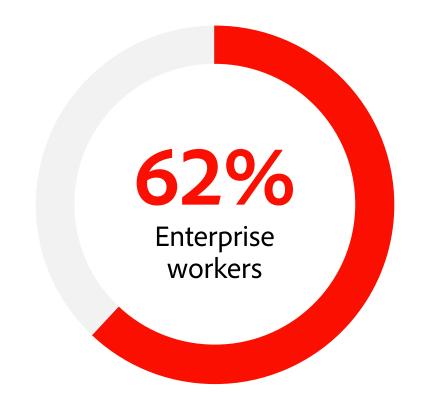
Time pressures exacerbate employee burnout.

# Employees working longer hours than they would like blame their company— its work culture, administrative processes or tasks and growth plan.

#### Feel Their Company is Responsible for Their Long Workdays

% selected any response related to company

Among those who work longer hours than they would like



US	UK	AU	NZ	FR	DE	JP
59%	66%	68%	67%	63%	55%	59%

39% blame work culture at their company

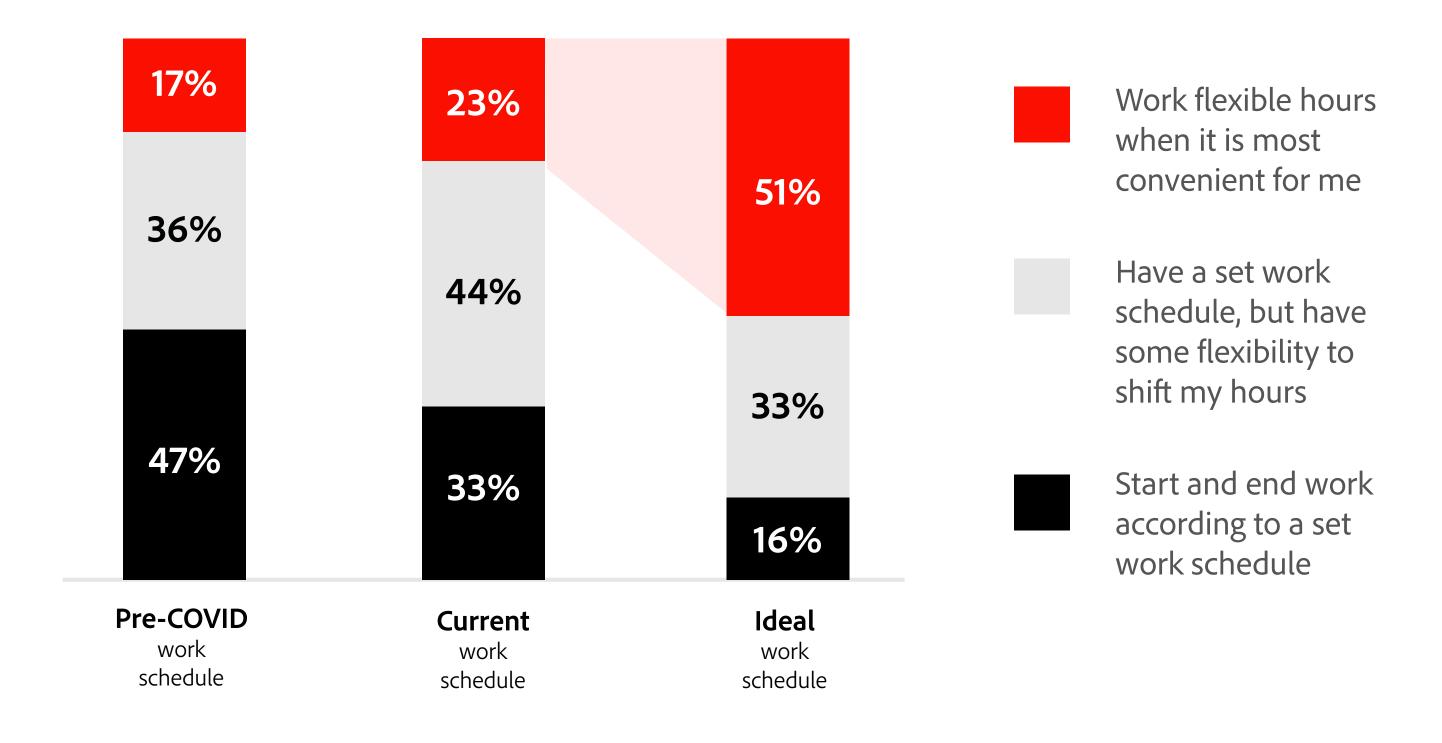
36% blame administrative processes or tasks

blame their company's growth plan or strategic vision

### They feel work schedules are also part of the problem—by not providing the flexibility to get work done when it is most convenient.

#### **Desire for More Flexible Work Hours**

% selected describes my [pre-COVID/current/ideal] work schedule

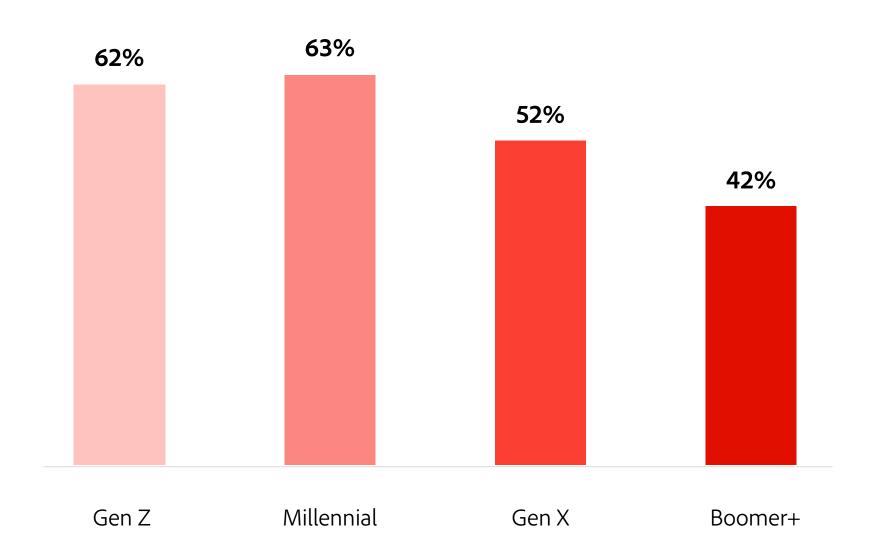


	<b>Currently</b> work flexible hours	<b>Ideally</b> work flexible hours
US	19%	47%
UK	22%	53%
AU	23%	53%
NZ	17%	53%
FR	25%	49%
DE	39%	56%
JP	12%	48%

#### Younger generations feel especially pressured to be working during "office hours"—but that's not always when they feel most productive.

"I feel pressure to appear working during office hours, even when I know I won't be productive."

% agree (T2B)



#### **Most Productive Working Hours**

% selected

	Gen Z	Millennial	Gen X	Boomer
Early hours (3am–9am)	27%	32%	36%	39%
Office hours (9am–6pm)	62%	74%	76%	74%
<b>Late hours</b> (6pm–3am)	26%	18%	13%	6%





[Flexibility means] a culture that supports employees to complete their work while still having the freedom and flexibility to meet other family/ life priorities or commitments.

Recognition that work doesn't have to be completed in typical office hours, but without the expectation that an employee is contactable 24/7."

#### Employee dissatisfaction presents a serious risk to business—more than a third of the workforce plans to switch jobs in the next year.

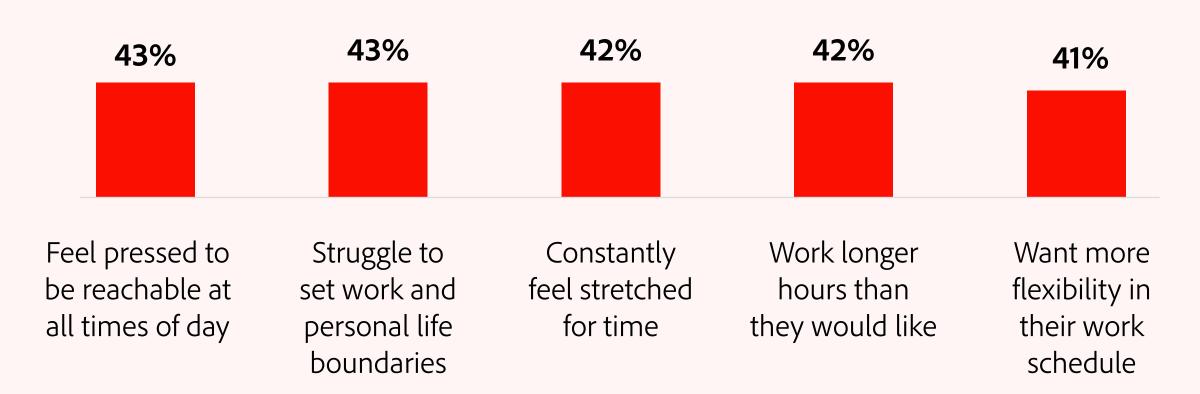
#### Likelihood to Switch Jobs

% likely in the next year (T4B)



US	UK	AU	NZ	FR	DE	JP
29%	34%	44%	46%	28%	25%	39%

#### The likelihood to switch jobs is even higher among employees struggling with time and productivity.



**FUTURE OF TIME**DETAILED FINDINGS

By 2025, Gen Z will make up about

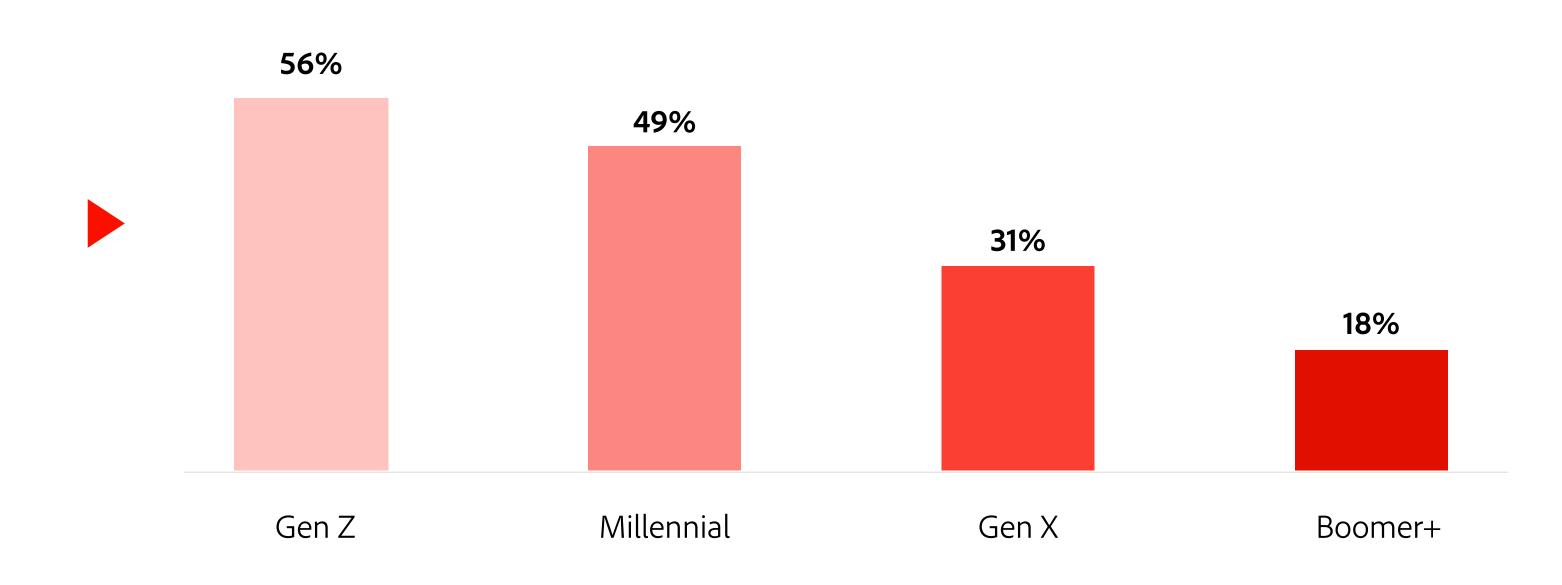
27%

of the global workforce\*.

#### In fact, more than half of Gen Z workers plan to pursue a new job in the next year, driving "The Great Resignation."

#### Likelihood to Switch Jobs

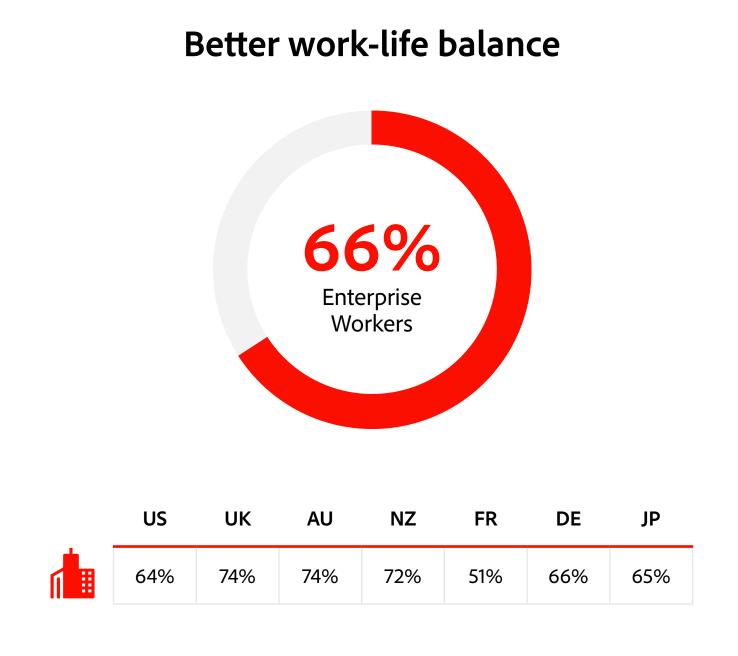
% likely in the next year (T4B)

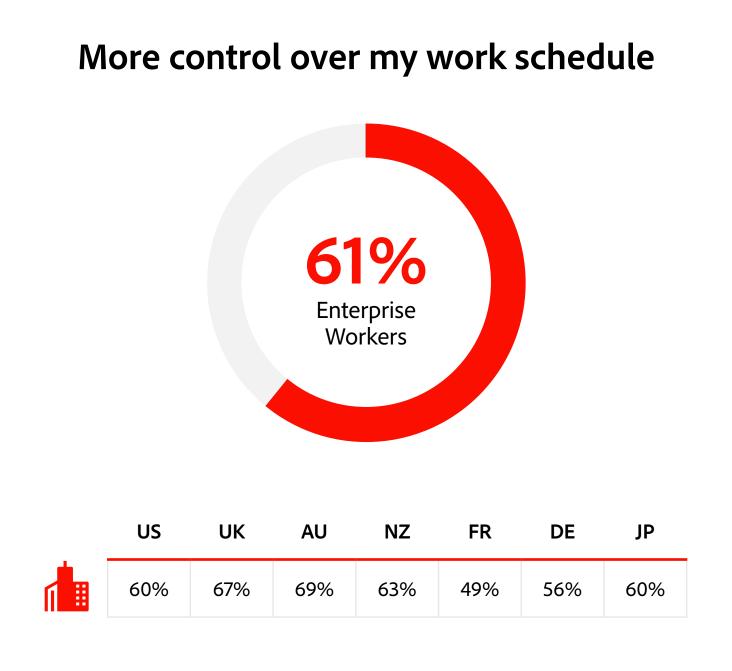


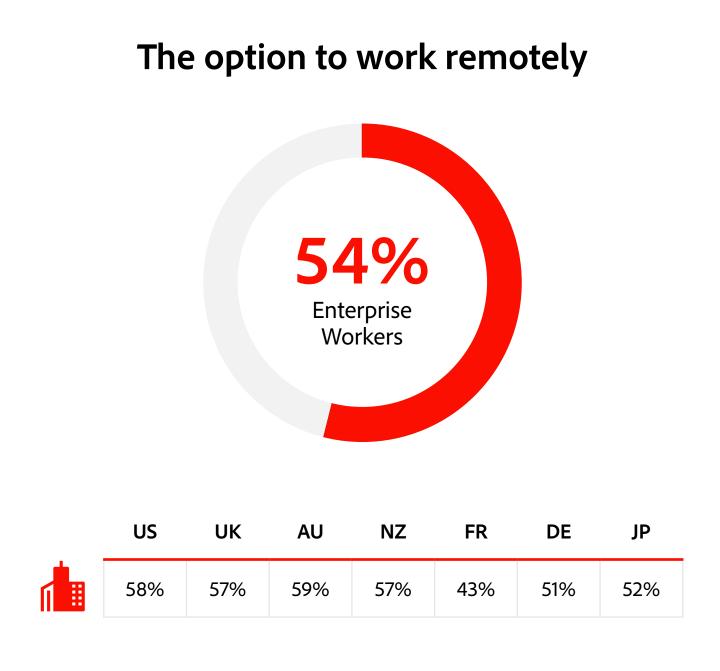
<sup>\*</sup>According to the OECD (Organisation for Economic Co-operation and Development) Employment Outlook 2021

#### Employee dissatisfaction presents a serious risk to business—more than a third of the workforce plans to switch jobs in the next year.

Assuming Salary and Job Description Remain the Same, I Would Switch Jobs for... % likely (T2B)

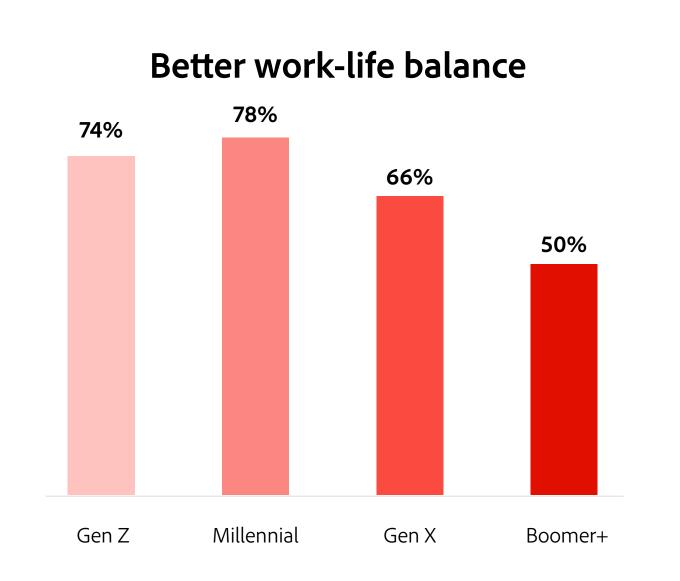


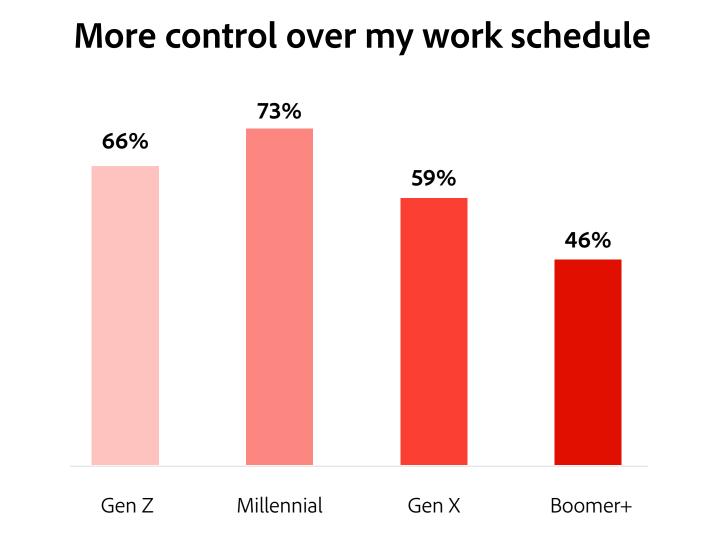


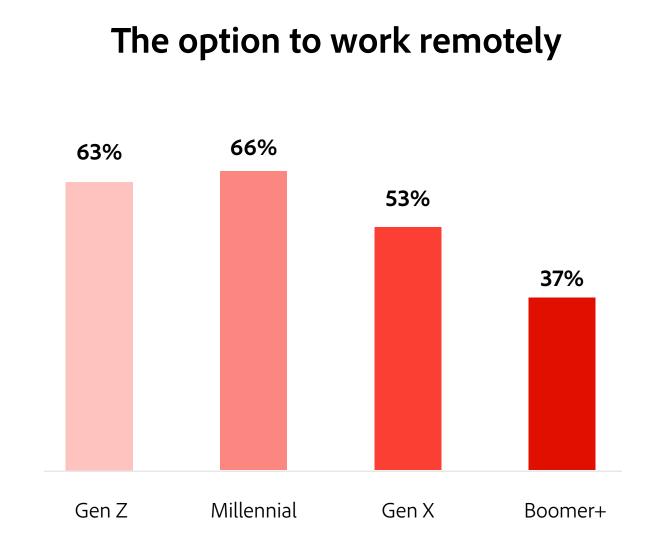


#### And this is especially true among Gen Z and millennial workers.

Assuming Salary and Job Description Remain the Same, I Would Switch Jobs for... % Likely (T2B)



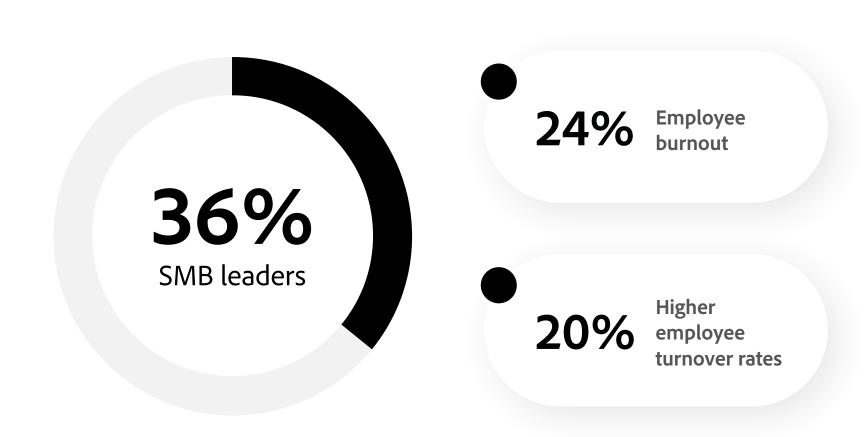


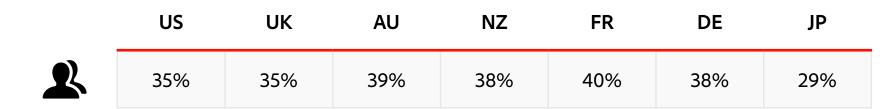


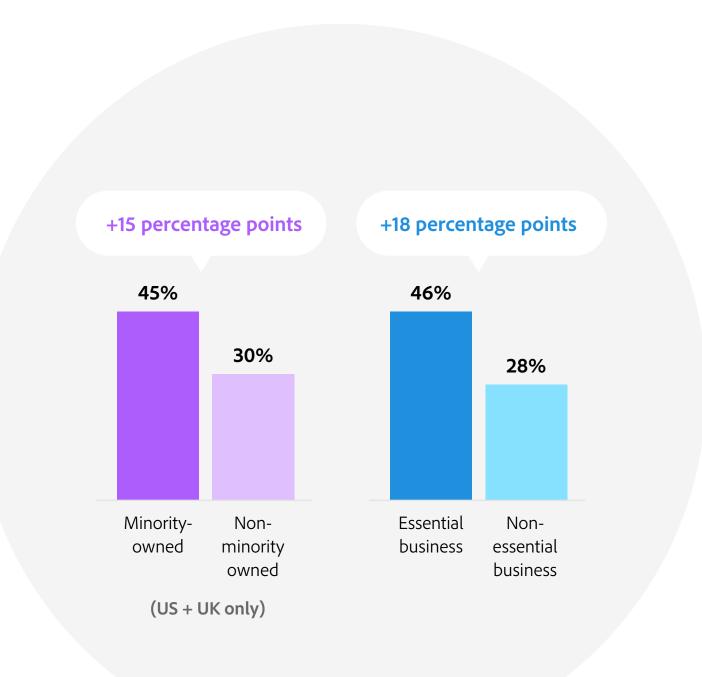
#### More than 1 in 3 SMB leaders have already noticed employee burnout or attrition in the past year especially those at minority-owned or essential SMBs.

#### Have Struggled with Employee Burnout or Attrition in the Last Year

% selected employee burnout or high turnover



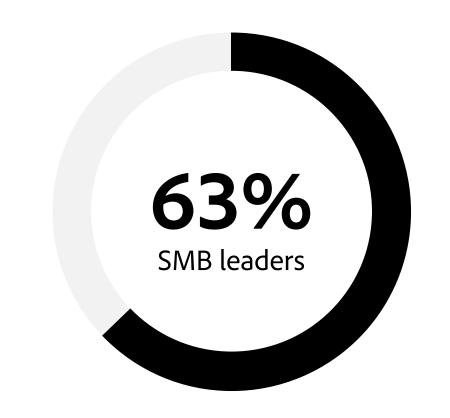




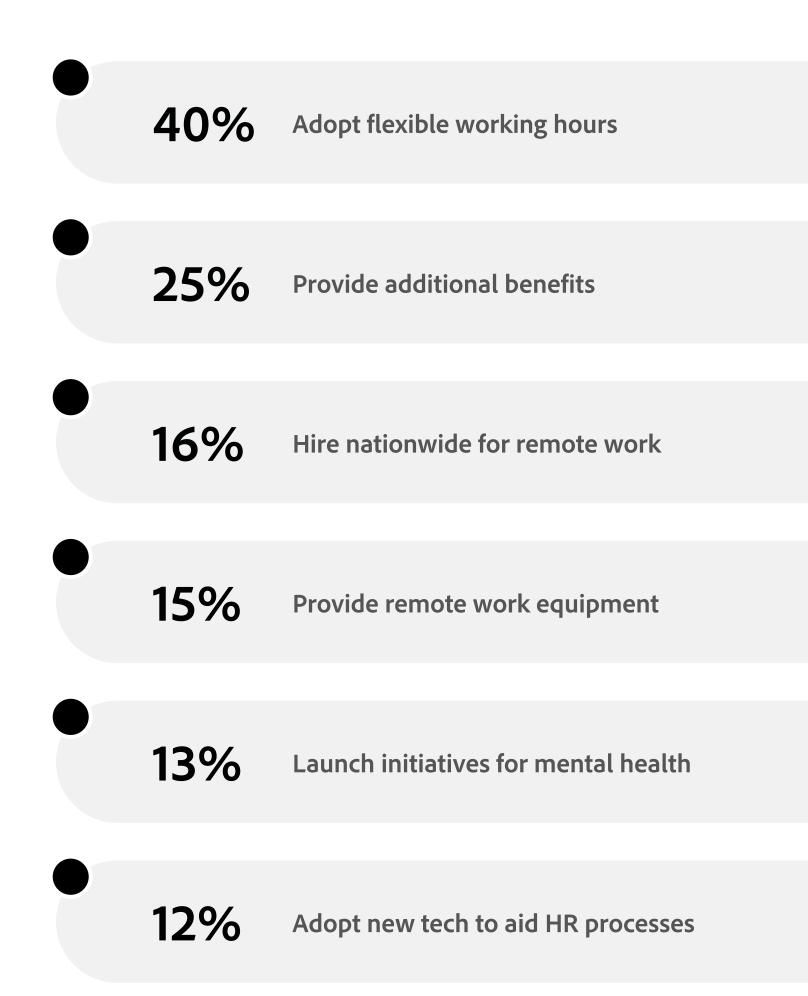
# Most SMB leaders have already had to make changes to recruit and retain employees—like adopting flexible working hours.

#### Made Changes to Recruit and Retain Employees in the Pandemic

% selected any response



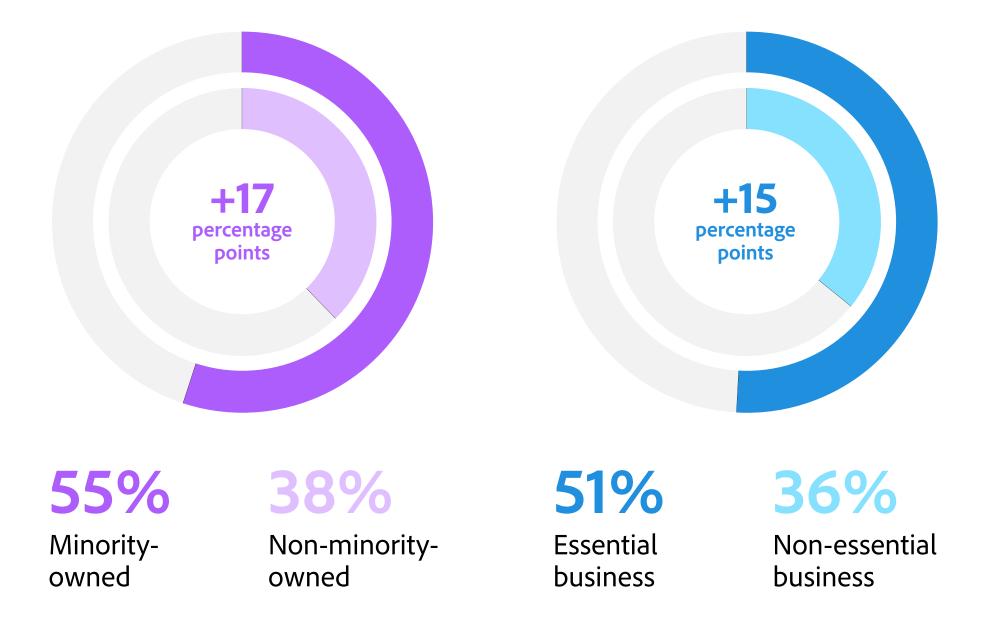
	US	UK	AU	NZ	FR	DE	JP
2	58%	61%	64%	65%	73%	57%	65%



#### And SMB leaders themselves are also feeling the impacts on their own morale—especially those at minority-owned and essential SMBs.

"I no longer feel connected to the passions that led me to start my business or job in the first place."

% agree (T2B)



"I would sell my business tomorrow if I could because it no longer brings me joy."

% agree (T2B)



49%

Essential business

24%

Non-essential business

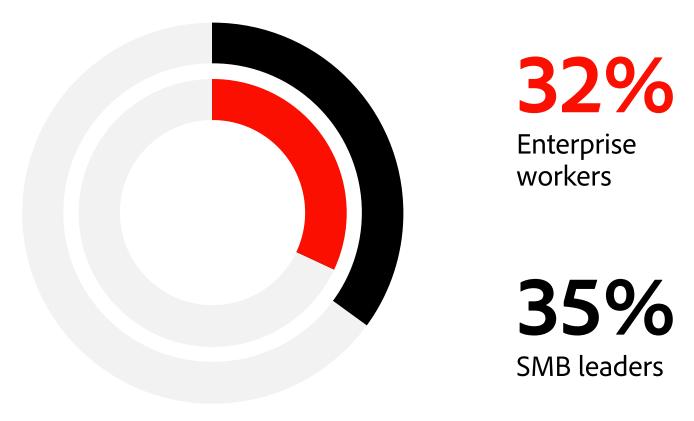


Calling for technology to get their personal lives back.

#### Enterprise workers and SMB leaders spend too much time on tasks that get in the way of doing their job effectively.

#### Percent of Their Work Week Spent on Unimportant Tasks

% agree (T2B)

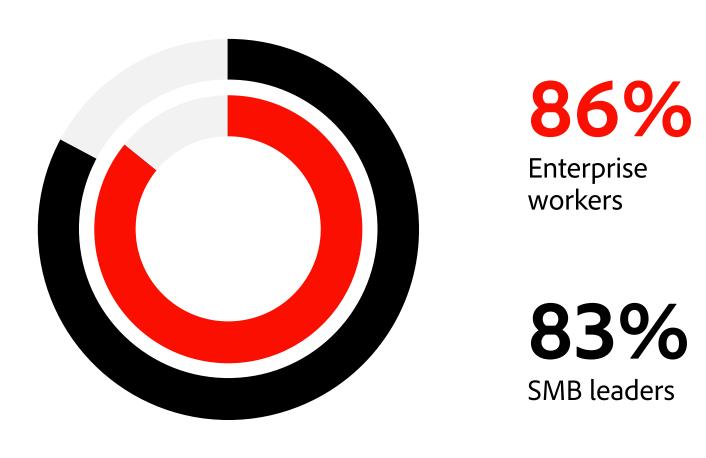




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32%	32%	32%	30%	31%	34%	36%	
35%	38%	32%	34%	36%	35%	37%	

#### Tasks Get in the Way of Doing Their Job Effectively

% agree (T2B)



	)

82%	88%	88%	88%	92%	85%	75%
80%	84%	88%	91%	88%	81%	67%

#### Managing files, forms, contracts, payments, and invoices get in the way of doing their jobs effectively.

Tasks that Get in the Way of Doing Job Effectively

% affected (T2B)



Searching for, sharing, and accessing files



Filling out forms, timesheets, and expense reports



Awaiting signatures



Making payments and invoicing



Collaborating on documents

**72%** 

of Enterprise workers

70%

of SMB

leaders

**56%** 

of Enterprise workers

65%

of SMB leaders 44%

of Enterprise workers 48%

of SMB leaders 32%

of Enterprise workers

63%

of SMB leaders 43%

of Enterprise workers

of SMB leaders

53%

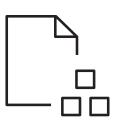
#### Workers and SMB leaders are hungry for tools and tech that make processes more efficient, unlocking choices for how they use their time.

Interested in Tools to Make Tasks or Processes More Efficient

% affected (T2B)



Searching for, sharing, and accessing files



Filling out forms



Signing contracts and awaiting signatures



Making payments and invoicing



Collaborating on documents and managing workflows

of Enterprise workers

81%

of SMB leaders

of Enterprise workers

64%

of SMB leaders

workers

of Enterprise of SMB leaders

74%

46%

of Enterprise workers

81% of SMB leaders

**79%** 

of SMB of Enterprise workers leaders

80%

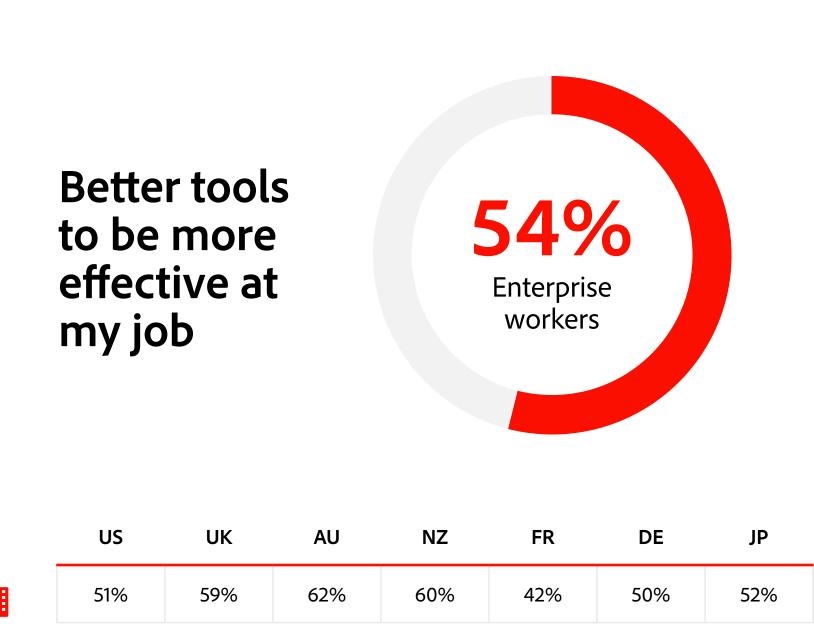
Any of these

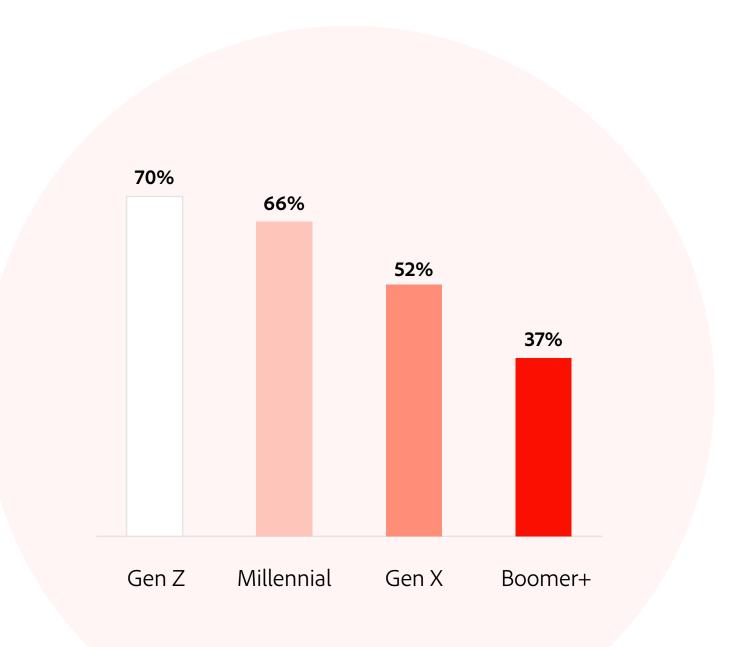
91% **Enterprise** workers

91% SMB leaders

#### In fact, enterprise workers would switch jobs for access to better tools that make them more efficient especially Gen Z.

Assuming Salary and Job Description Remain the Same, I Would Switch Jobs for... % Likely (T2B)





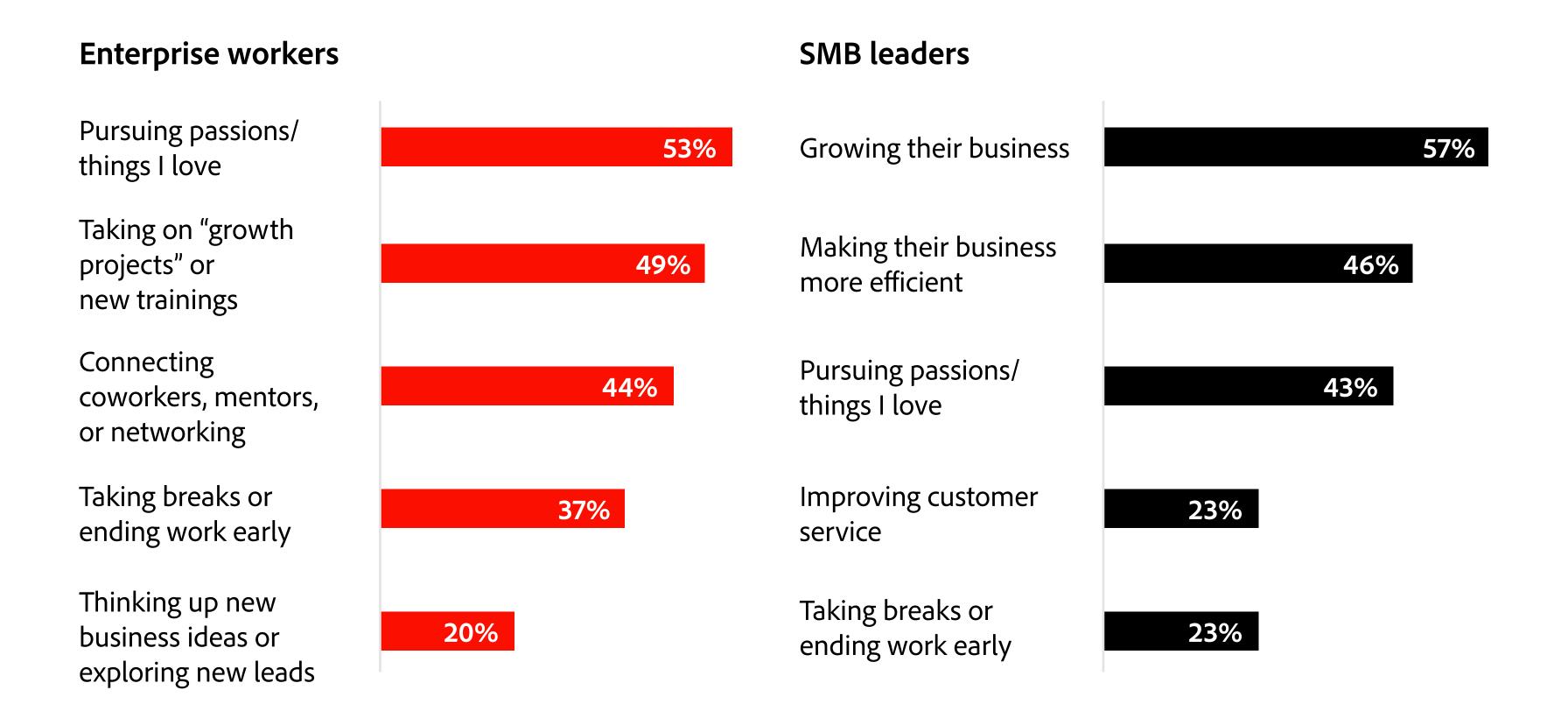




Often times people who have been on the job for several years get complacent and continue doing things 'the way it's always been done,' even when it may no longer be the most efficient way. **New technology** forces that mindset to be changed."

If they had more time for work, enterprise workers would pursue passions and personal growth, while SMB leaders would focus on business growth.

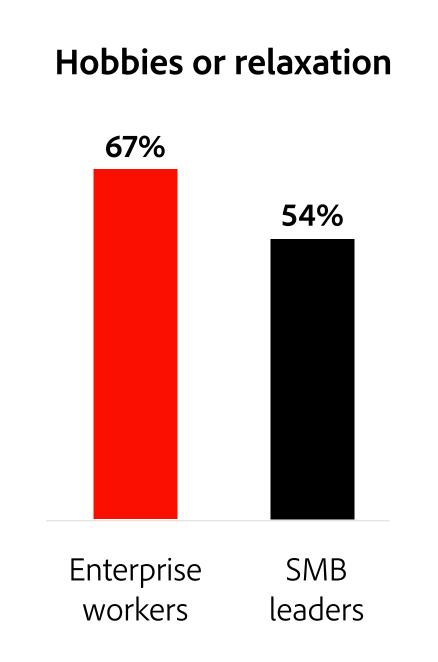
#### Desired Ways to Spend More Time at Work % selected

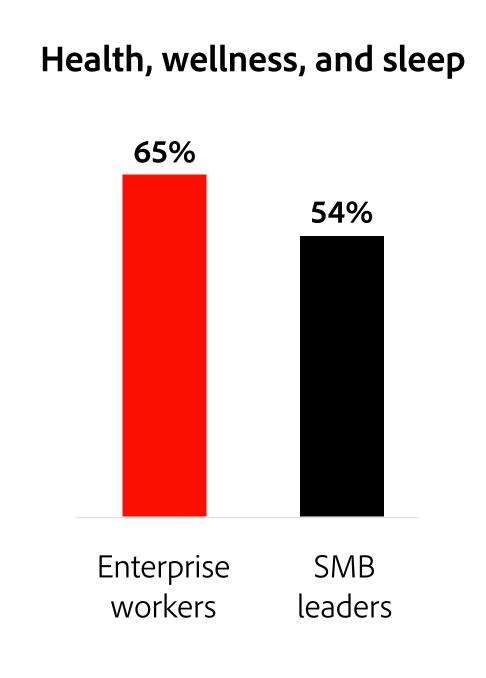


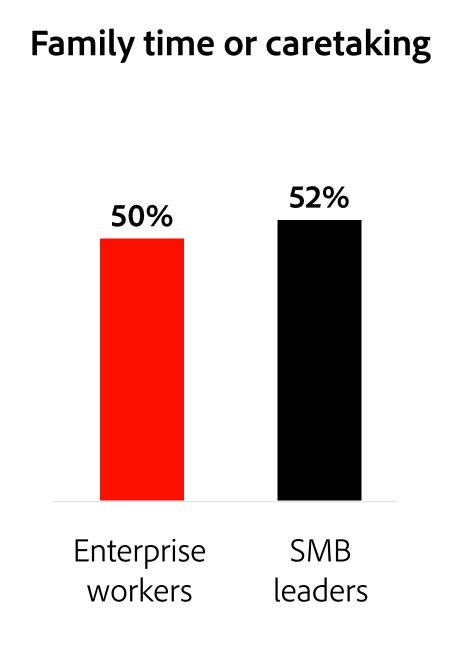
#### Outside of work, employees and SMB leaders would spend extra time on themselves—their hobbies and health—followed by family and social time.

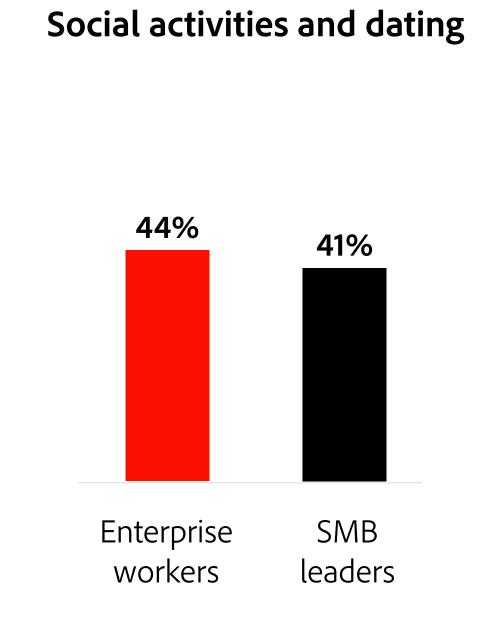
#### Desired Ways to Spend More Time Beyond Work

% selected



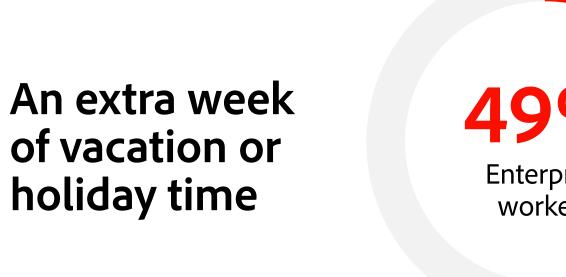






Assuming Salary and Job Description Remain the Same, I Would Switch Jobs for... % likely (T2B)

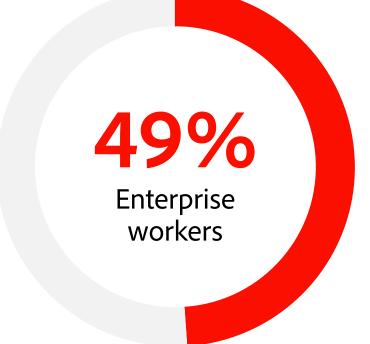
Digital tools can save workers time and ultimately let them enjoy life more fully.



ΝZ

60%

33%



DE

46%

US	UK	AU
50%	51%	57%



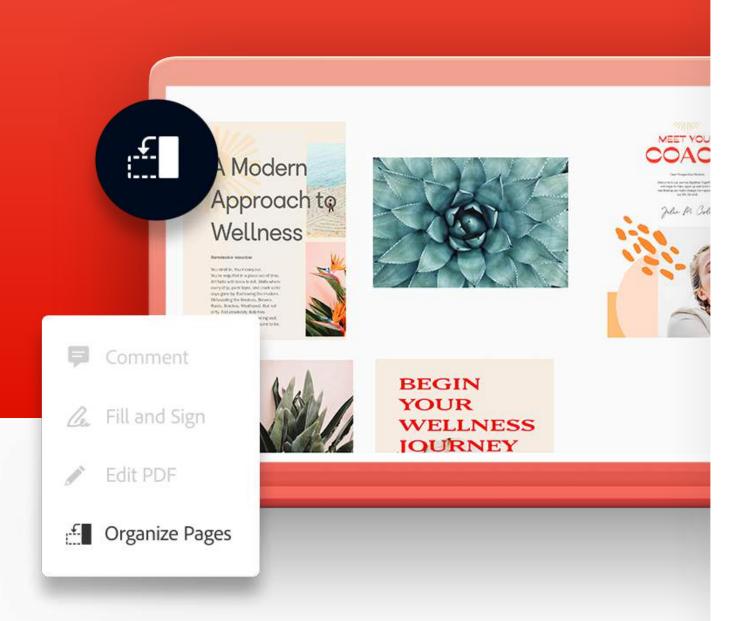
A recent Forrester report found that employees who use Adobe **Document Cloud tools** saved an average of

#### 43 hours

per year due to improved productivity.



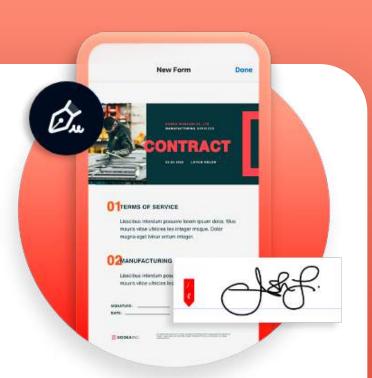
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- Enhanced e-sign advantages. Embed custom web forms, collect payment with PayPal & Braintree, add custom branding, and utilize advanced form fields with our advanced digital signing software.
- → PDF and e-signatures in one app. Create and edit PDFs, collaborate with others, and manage e-signatures with Adobe Acrobat Pro DC—all in one simple experience.
- → Security you can trust. With 8 billion e-signatures and counting, trust that every transaction is secure and legally binding.

#### Sources

"The future of work: A hybrid work model," Accenture, 2021.

"State of Small Business," Facebook, 2021.

"The Total Economic Impact of Adobe Sign," Forrester, 2020.

"Organizations Are Forecast to Spend Nearly \$656 Billion on Future of Work Technologies in 2021, According to New IDC Spending Guide," IDC, 2021.

